# FEED YOUR SOUL

#### SNACKS & SMALL PLATES

#### FRIED OLIVES

STUFFED WITH QUESO FRESCO 16

## ROASTED POBLANO & PARMESAN CROQUETAS

CRISPY BECHAMEL CROQUETAS WITH POBLANO PEPPERS & VEGAN PARMESAN CHEESE, SERVED WITH HOUSE AIOLI **14** 

#### **BARBACOA TOSTADAS**

BRAISED LAMB, GUAJILLO, FERMENTED PINEAPPLE & POBLANO SALSA **16** 

#### **ACARAJE**

BLACK EYED PEAS MASA, STUFFED WITH A PRAWN MIX, SERVED OVER VATAPA SAUCE **19** 

#### **CALAMARES FRITTOS**

FRIED OYSTER & ENOKI MUSHROOMS, SERVED WITH GREEN GODDESS AIOLI **26** 

#### **GUACAMOLE IN STONE BOWL**

HOUSE KIMCHI, POBLANO & CORIANDER SALSA, SERVED WITH TOTOPOS **24** 

#### **TAMALES**

PLANTAIN LEAF STEAMED MASA TOPPED WITH CACTUS AND TRIPLE COOKED CORN & CHOCOLATE MOLE NEGRO **21** 

#### **PAN CON QUESO FRESCO**

WOOD FIRED FLAT BREAD, SERVED WITH FERMENTED HOUSE CHEESE CURD, DUKKAH & SALSA MACHA **18** 

#### **QUESO CON CHORIZO**

A BOWL OF CREAMY WARM CHEESE DIP, SERVED WITH TOTOPOS **22** 

#### **CHAMPIÑONES ESPAÑOLES**

PEDRO XIMENES BRAISED MUSHROOMS, SERVED OVER GRILLED FOCACCIA **26** 

LONA MISA IS PROUD TO OFFER A FULLY PLANT-BASED MENU.

# FROM THE **IOSPER**

#### **ANTICUCHOS**

MUTTON SKEWERS OVER COALS, WITH PAPAS AL AJI AMARILLO & LENTIL SOURCREAM, TOPPED WITH CRISPY SWEET POTATO **22** 

#### **LION'S MANE STEAK**

MARINATED, SERVED WITH TANGO CHIMICHURRI **36** 

#### **PARRILLADA**

FIRE ROASTED ASSADO MIX WITH
CHICKEN BASTED IN FERMENTED
PERI PERI SAUCE, CHARRED MUSHROOM
STEAK, CHORIZO, OKRA,
SERVED WITH CHIMICHURRI,
PICO DE GALLO, PLANTAINS
& FAROFA **56** 

#### **PASTOR MUSHROOMS**

BLUE OYSTER MUSHROOMS, CORN PURÉE, FERMENTED PINEAPPLE & CHILLI, GRILLED OVER COALS **34** 

#### **DESSERTS**

### ROTATING SEASONAL DESSERT MENU

PLEASE ASK TO SEE WHAT WE HAVE ON OFFER THIS EVENING

#### **BIG PLATES**

#### PASTEL DE CHOCLO

SOUTH AMERICA'S TAKE ON A SHEPHRED'S PIE TOPPED WITH CREAMY CORN & SERVED WITH A SIDE OF AREPA **32** 

#### **COCIDO**

BRAISED BEEF, ROASTED ROOT VEGETABLES, CAULIFLOWER PURÉE, SECO JUS & SALSA MACHA **36** 

#### **MOQUECA**

BRAZILIAN SEAFOOD STEW COOKED IN A SPICED COCONUT, TOMATO & LIME BROTH, SERVED OVER RICE **34** 

#### **ARROZ CON POLLO**

RICE COOKED IN A RICH SOFRITTO TOPPED WITH GRILLED LION'S MANE & WINTER BRASSICAS **34** 

#### **ALUBIAS DE LA GRANJA Y ESPINACAS**

GIANT BEANS BATHED IN A SAVOURY BROTH, WITH SPINACH, & GOLDEN MIGAS BREADCRUMBS, SERVED PIPING HOT **34** 

#### SALADS/SIDES

#### **TIJUANA CAESAR SALAD**

BABY COS LETTUCE, CAESAR DRESSING, PARMESAN & CROUTONS **18** 

#### SALPICAO SLAW

HERBY & TENDER SHREDDED CHICKEN, CARROTS, CABBAGE, CORN & CURRANTS IN TANGY LIME CREMA. SERVED WITH POTATO STICKS **19** 

#### **PATATAS BRAVAS**

FARMERS FRIED POTATOES, DRESSED IN TOMATO & CHILLI BRAVAS SAUCE WITH HOUSE AIOLI **18** 

#### **PEAR & BITTER LEAF SALAD**

WINTER PEAR & BITTER LEAF SALAD WITH A SWEET ORANGE DRESSING **19** 

#### DIETARY REQUIREMENTS

AT LONA MISA, WE ARE COMMITTED TO ACCOMMODATING YOUR DIETARY NEEDS AND PREFERENCES. MOST OF OUR DISHES ARE GLUTEN-FREE. PLEASE CONSULT YOUR SERVER FOR ANY EXCEPTIONS.

WE TAKE FOOD ALLERGIES VERY SERIOUSLY AND WILL DO OUR UTMOST TO MEET YOUR DIETARY REQUIREMENTS UPON REQUEST. HOWEVER, PLEASE BE AWARE THAT OUR KITCHEN DOES HANDLE ALLERGENS, AND WE CANNOT GUARANTEE THAT OUR DISHES ARE COMPLETELY FREE FROM TRACE AMOUNTS.



#### OUR FOOD PHILOSOPHY

IT'S ALL ABOUT RECREATING THOSE MAGICAL MEMORIES THAT ONLY FOOD CAN BRING INTO YOUR LIFE.

TRADITIONS THAT YOU THOUGHT WERE LOST,
BROUGHT BACK IN A BRAND NEW WAY.
MY GRANDMOTHER WOULDN'T BE TOO IMPRESSED
WITH WHAT I'VE DONE TO HER DISHES, BUT I
PROMISE THAT YOU WILL BE.

X SHANNON

