

# MASSAGES



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### KUPU-KUPU SIGNATURE AROMATIC MASSAGE

(60 MINUTES) 450  
(90 MINUTES) 550

Customized to meet your specific needs, our signature massage loosens tight muscles, relaxes the mind, and increases the circulation of the blood.

### STONE THERAPY

(90 MINUTES) 500

Smooth heated stones placed on key points of the body to allow deep penetrations into the muscles, resulting in improved blood circulation and calming the nervous system.

### BACK MASSAGE



(30 MINUTES) 175  
(60 MINUTES) 300

Remove those stressed knots in your neck, shoulders, and back. A great relief after a hard day.

### TRADITIONAL BALINESE MASSAGE

(60 MINUTES) 350  
(90 MINUTES) 450

Passed down through the generations, this traditional full-body treatment has been practiced throughout the islands of the Gods for thousands of years. It combines long soothing strokes with gentle acupressure to stimulate circulation of alleviate muscular and joint tensions, bringing a sense of well-being, calm and deep relaxation.

### FOOT REFLEXOLOGY

(30 MINUTES) 150  
(60 MINUTES) 250

This healing art of ancient origin uses therapeutic methods of relieving tensions by stimulating the pressure points on the feet which connect directly to the nervous system, organs, and glands. Reflexology improves blood circulation, alleviating stress, and other health issues.

**Supplementary Charge of IDR 100,000  
for Our Exclusive In-Room Spa Concierge**



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### DEEP TISSUE MASSAGE

(60 MINUTES) 500

A massage session designed to restore the deep muscle layers to release tension, reduce stress, and re-align the body as a whole gentle stretching also be incorporated into the massage to help lose tight muscles and improve flexibility.

### PEVONIA YOUTHFUL ANTI-AGING

(60 MINUTES) 500

Rich in vitamin E, squalene, geranium, and orange oil, this formulation not only helps counteract premature aging but also eases muscle tension. It wonderfully restores youthful-looking skin, providing a lifting and firming effect. Your skin will be deeply nourished and rejuvenated as you indulge in a relaxing body massage.

### SUN SOOTHING THERAPY

(60 MINUTES) 450

The aloe vera wrap is an effective natural sunburn soother. It soothes burned skin, moisturizes, and encourages new cell growth. It is completed with a head and face massage.

### HEAD, NECK AND SHOULDER MASSAGE

(30 MINUTES) 150



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