

MENU

Autumn 2023

.03	FOOD
.07	WINES BY THE GLASS
.09	BEER + CIDER
.10	CHAMPAGNE
.11	COCKTAILS
.13	WINES BY THE BOTTLE

MONSTER

KITCHEN AND BAR | CANBERRA

WELCOME

MONSTER IS A HERBIVORE.

Monster Kitchen and Bar recognises the importance of sustainability. Our journey continues to champion vegetarian cuisine and celebrate our love of all things veg. Calling on all the talent, skills and experience of our culinary and service teams, we endeavour to turn the innocent veg into the life of the party.

Also on offer is an eclectic range of cocktails, wines and spirits. Be adventurous and do something different, fabulous, unconventional and never ever boring. That's how we roll.



SNACKS | BREAD TO SHARE

12PM - 10PM EVERYDAY

EDAMAME + sesame, chilli salt (VG/GF/NF)	11
MOUNT ZERO MIXED OLIVES (VG/GF)	8
CHAR-GRILLED PADRON PEPPERS + whipped ricotta, parsley oil (GF/NF/VGO)	16
SUNDRIED TOMATO BREAD + cultured butter (NF)	14
CORN RIBS + shio kombu, smoked paprika (GFO/VG/NF)	14
MONSTER'S FLATBREAD + cherry tomato, burrata, mount zero olives (NF)	26
MONSTER CHIPS + truffle ponzu kewpie (VGO/NF)	12

SMALL PLATES | SALADS

SWEET POTATO CHAAT + mint and tamarind chutney, sweetened yoghurt, pomegranate (GF/VGO/NF)	18
BABY GEM SALAD + radish, pickled shallots, parmesan tabasco vinaigrette (VGO/GF/NF)	19
BEET TARTARE + sheep's yoghurt, pickled shallots, beet tapioca cracker (GF/NF/VGO)	19
BURRATA + pistachio dukkah, zucchini, house made focaccia	28
MISO EGGPLANT + jalapeno salsa, miso aioli, house pickles, walnuts (VG)	26

(V)Vegetarian, (VG)Vegan, (VGO)Vegan optional, (GF)Gluten free, (DF) Dairy free, (NF)Nut free



MAINS | SHARE PLATES

- CABBAGE AND COTTAGE CHEESE MOMOS** + red chili, sesame seeds, tomato, cauliflower leaf kimchi *(NF)* 27
- ROASTED BROCCOLI** + almonds, red onion dressing, harissa oil, ajo blanco *(GF/VG)* 27
- ZA'ATAR ROASTED CAULIFLOWER** + macadamia hummus, Aleppo chili, raisin emulsion, pine nut agro dulce *(GF/VG)* 32
- BUTTERNUT SQUASH KATSU** + black rice, spring onion, katsu curry, coriander *(VG/GF/NF)* 32
- BLOOM PRIVODORE 'PORK' STUFFED CABBAGE** + bloom providore 'pork' mince, crispy sage, sriracha butter emulsion. Comte cheese *(GF/NF)* 29

SIDES

- FIORETTO CAULIFLOWER BLOSSOMS** + harissa, hazelnuts, parsley oil *(GF/VG)* 18
- TOMATO AND PUMPKIN ROTOLO** + stuffed pasta, sage, comte cheese *(NF)* 18
- CHARRED BROCCOLINI** + ssamjang dressing, peanuts *(VG)* 19

DESSERTS

- LAVENDER CRÈME BRULEE** + banoffee foam, apple crisp, shortbread, cinnamon ice cream, apple puree *(GF/NF)* 19
- SNICKERS** + peanut parfait, milk soft chocolate, banana ice-cream, peanut brittle *(GF)* 19
- VEGAN CHOCOLATE PUDDING** + salted coconut sorbet, miso caramel, cookie crumb *(GF/VG)* 19
- THREE CHEESE SELECTION** + quince, honeycomb, semolina cracker, oat cookies, muscatels *(GFO)* 32

by the glass

champagne and sparkling

		GLS
<i>NV</i>	TAITTINGER PRESTIGE CUVÉE Reims, FRN	27/120
<i>NV</i>	BILLECARTE SALMON BRUT Mareuil-sur-ay, FRN	28/126
<i>NV</i>	ANDRE DELORME BLANC DE BLANC BRUT RESERVE (CHARDONNAY) Vin de Frn	18/77
<i>NV</i>	BORGIO MOLINO PROSECCO Ormelle, ITA	20/90

white

<i>2020</i>	BERRIGAN (SAUVIGNON BLANC) Mount Benson, SA	16/72
<i>2021</i>	RA NUI (PINOT GRIS) Marlborough, NZ	19/86
<i>2021</i>	MISS ZILM (RIESLING) Clare Valley, SA	18/81
<i>2020</i>	DOMAINE LAROCHE (CHARDONNAY) Chablis, FRN	20/90
<i>2021</i>	SOMOS BLANQUITO (VERD, SAV BLANC, PINOT GRIS BLEND) McLaren Vale, SA	21/95
<i>2021</i>	UNICO ZELO 'RIVERSAND' (FIANO) Gumeracha, SA	20/90

rose

2022	BABICH (ROSE) Marlborough, NZ	16/72
2020	ROSS HILL 'JESSICA' (ROSE) Orange, NSW	17/77
2022	A WORLDS APART (ROSE) McLaren Vale, SA	18/81

red

2018	MOONDARRA (NEBBIOLO) Moondarra, VIC	20/90
2022	FREDERIC STEVENSON 'PINATA' (PINOT NOIR) Eden Valley, SA	19/86
2018	WOODSTOCK 'OCTOGENERIAN' (GRENACHE) McLaren Vale, SA	17/77
2020	LUNAR ESTATE (PINOT NOIR) Martinborough, NZ	18/81
2021	RUFUS STONE (SHIRAZ) Pkolbin, NSW	17/77
2022	NICK SPENCER PF (SHIRAZ) Gundagai, NSW	18/81

beer tinned and bottled

CAPITAL BREWING coast ale	13
CAPITAL BREWING summit session ale	11
STONE AND WOOD pacific ale	13
BALTER xpa	13
KOSZIUSKO pale ale	13
COOPERS PREMIUM light lager	8
CAPITAL BREWING ALC-LESS lager (non-alcoholic)	8

beer on tap

YOUNG HENRYS SEASONAL TAP	12
CAPITAL BREWING SEASONAL TAP	12
BENTSPOKE morts gold	12
LITTLE CREATURES pale ale	14

other

ALPINE CIDER sweet	13
ALPINE CIDER dry	13
BROOKVALE UNION ginger beer	13

Cocktails SEASONAL

MONSTER EXPERIMENTAL COCKTAIL	24
Ask our bar team for what this weeks experiment is!	
LIM'S MARTINI	24
Larios gin, mandarin, bergamot, white chocolate, verjus, cardamom	
MISTY MOUNTAIN	24
Espolon blanco tequila, pear, herbal honey liqueur, pomegranate, spiced cacao, lime	
THUNDERCLAP	24
Pampero blanco rum, lemongrass, agave, cucumber, celery, basil, lime, sriracha salt	
CARROT CAKE	24
Ketel One vodka, walnut, carrot, vanilla, ginger, cream cheese, lemon	
ANNALISA	24
Larios gin, plum, cinnamon, pimento, lemon	
SOOTHSAYER	24
Maker's Mark bourbon, blackberry, french herbal liqueur, fino sherry, falernum, bitters, lemon, whites	

Low abv / 0 proof

Low ABV 17

SURFER ROSA

Espolon blanco tequila, aperol, orgeat, blueberry, basil, cardamom, lime, sparkling water 17

LOVE BUZZ

Amaro Montenegro, sweet vermouth, apple jam, lemon

0 Proof

MON CHERI

Palmero bianco, agave, pineapple, grapefruit, tonic water, lime 16

CERVANTES

Seedlip spice, raspberry, mint, ginger beer, lime 16

sparkling + champagne

<i>NV</i>	GALLAGHER DUET BRUT RESERVE (PINOT NOIR / CHARDONNAY) Murrumbateman, NSW	75
<i>NV</i>	GALLAGHER (SPARKLING SHIRAZ) Murrumbateman, NSW	105
<i>NV</i>	DEVIATION ROAD ALTAIR BRUT ROSE (PINOT NOIR + CHARDONNAY) Adelaide hills, SA	82
<i>NV</i>	ANDRE DELORME BLANC DE BLANCS BRUT RESERVE (CHARDONNAY) Vin de Frn	68
<i>NV</i>	ATE SPARKLING BRUT (PINOT NOIR + CHARDONNAY) Vin de Frn	55
<i>2020</i>	ANGELO BORTOLIN PROSECCO SUPERIORE DOCG Valdobbiadene, ITA	88
<i>NV</i>	DESPINA QUATRICELLO EMILIA (MALVASIA PET NAT) Montecchio, ITA	85
<i>NV</i>	SAINT-GALL BRUT TRADITIONAL Champagne, FRN	133
<i>2019</i>	GATTI PIERO MOSCATO DOC Piedmonte, ITA	375ml 45 / 86
<i>NV</i>	BILLECART BRUT RESERVE ROSE Mareuil-sur-ay, FRN	220
<i>2009</i>	BILLECART VINTAGE EXTRA BRUT Mareuil-sur-ay, FRN	390

white

local / aus

2021	BOURKE STREET (SAUVIGNON BLANC) Canberra, ACT	64
2021	MT MAJURA (RIESLING) Canberra, NSW	78
2019	BREAM CREEK (SCHONBURGER) Marion Bay, TAS	83
2020	GROSSET POLISH HILL (RIESLING) Clare Valley, SA	135
2020	SALOMON FLEURIEU (VIOGNIER ON SKINS) McLaren Vale, SA	68
2021	NICK O'LEARY TUMBARUMBA (CHARDONNAY) Canberra, ACT	71
2019	PEPPERTREE ALLUVIOUS (SEMILLION) Hunter Valley, NSW	95
2021	ATE (PINOT GRIGIO) Victoria	55
2019	PICARDY (SAUVIGNON BLANC, SEMILLON) Pemberton, WA	86
2020	SEVEN EYES CARBONIC (PINOT GRIS) McLaren Vale, SA	125
2021	SWINGING BRIDGE 'MRS PAYTEN' (CHARDONNAY) Orange, NSW	64

white

2021	COLLECTOR "TIGER TIGER" (CHARDONNAY) Collector, Canberra District	90
2021	TOLPUDDLE (CHARDONNAY) Coal River Valley, TAS	148
2019	ROSS HILL PINNACLE (CHARDONNAY) Orange, NSW	88
2020	PIERRO LTC (SEMILLON / SAUVIGNON BLANC) Margaret River, WA	72

international

2019	LIEU DIT (CHENIN BLANC) California, USA	90
2019	ARNDORTER STRASSER WEIBERGE (RIESLING) Kamptal, Austria	111
2017	CARLO NORO ONCIA BIANCA Lazio, ITA	78
2017	RAGAZZI CASA FRESCHI Langhorne Creek, SA	71
2017	LA PETITE PERRIERE (SAUVIGNON BLANC) Loire Valley, FRN	70
2017	SMITH - CHAPEL (ALIGOTE) PRESERVATIVE FREE Burgundy, Frn	120
2017	GREYWACKE WILD (SAUVIGNON BLANC) Marlborough, NZ	88
2019	SOHO MAREN (RIESLING) Marlborough, NZ	78

local / aus / International

<i>2021</i>	NICK SPENCER (GREN, SANG, GRAC, MERLOT) Hilltops, NSW	68
<i>2018</i>	FILIPPO MANETTI (GEA) Campiune, Ita	95
<i>2021</i>	CASTAGNA ALLEGRO (SHIRAZ VIOGNIER) Beechworth, VIC	85
<i>2022</i>	MAZI LIMITED (ROSE) McLaren Vale, SA	78
<i>2019</i>	ATE ROSE South Australia	55

local / aus

2021	EDEN ROAD (PINOT NOIR) Tumbarumba, NSW	72
2018	AMISFIELD (PINOT NOIR) Central Otago, NZ	115
2017	PRESSING MATTERS (PINOT NOIR) Coal River, TAS	138
2021	LIVING ROOTS 'DEPTHS OF THE EARTH' McLaren Vale, SA	80
2019	SPINIFEX GARCON (GRENACHE, SYRAH, MOUVERDRE) Barossa, SA	85
2020	ATE SHIRAZ South Australia	78
2018	PENLEY ESTATE "TOLMER" (CABERNET) Coonawarra, SA	68
2021	RESHCKE BOS (CABERNET) Coonawarra, SA	55
2019	WOODLANDS (CABERNET MERLOT MALBEC) Margaret River, WA	92
2019	TORBRECK CUVÉE "JUVENILES" (GSM) Barossa, SA	86
2018	TORBRECK THE DESCENDANT (SHIRAZ) Barossa, SA	145

Local / aus

2019	CLONAKILLA “SHIRAZ VIOGNIER” Murrumbateman, Canberra District, NSW	220
2018	ESME ROUGE Pipers Brook, TAS	81
2016	SINAPIUS CLOSE PLANTED (PINOT NOIR) Pipers Brook, TAS	98
2020	SINGLE FILE CLEMENT V (GRENACHE, SYRAH, MATARO) Frankland River, WA	81
2018	ROS RITCHIE (PINOT MEUNIER) Mansfield, VIC	88
2018	ROSS HILL (CABERNET FRANC) Orange, NSW	86
2018	SOMOS AGLIANICO McLaren Vale, SA	90
2018	WOODSTOCK ‘OCTOGENARIAN’ (GRENACHE) McLaren Vale, SA	77
2018	TOLPUDDLE (PINOT NOIR) Coal River, TAS	148
2018	UNICO ZELO ‘HALCYON DAYS’ Gumeracha, NSW	81
2018	MCHENRY HOHNEN (ZINFANDEL) Margaret River, WA	145

International

2018	JONC BLANC ROUGE Bergerac, FRN	85
2018	BABO CHIANTI (SANGIOVESE) Tuscany, Ita	115
2015	LUIS SEABRA XISTO CRU (INDIGINOUS FIELD BLEND) Douro, Por	175
2017	ANTONIO MADEIRA A PALHEIRA TINTO (INDIGINOUS FIELD BLEND) Dao, Por	176
2019	MALENCINI CHIANTI (SANGIOVESE) Tuscany, Ita	125
2020	SAN POLO BRUNELLO DI MONTALCINO Tuscany, ITA	181
2019	DICEY (PINOT NOIR) Bannockburn, NZ	92
2019	LA JAVA ROUGE Touraine, FRN	72
2019	AMISFIELD (PINOT NOIR) Central Otago, NZ	115
2019	MT EDWARD 'TED' (PINOT NOIR) Central Otago, NZ	86

SWEET / BRANDY / SHERRY

<i>NV</i>	CHAMBERS ROSEWOOD OLD VINE (MUSCAT) Rutherglen, VIC	15/65
<i>2016</i>	FROGMORE CREEK ICED RIESLING (SWEET RIESLING) Cambridge, TAS	72
	DON ZOLIO OLOROSSO 12YR Caba, ARG	11
	DON ZOLIO PEDRO XIMENEZ 12YR Caba, ARG	14
	DON GUIDO PEDRO XIMENEZ SOLERA 20YR Jerez, SPN	25
	JOADJA DISTILLERY PEDRO XIMENEZ Joadja, NSW	20
	JOADJA DISTILLERY BRANDY (SHIRAZ) Joadja, NSW	20
	FREDERIC MESTREAU NO28 FINE CHAMPAGNE 25/50YR Cognac, Frn	55
	JEAN FILLIOUX GRANDE CHAMPAGNE "CIGAR CLUB" 35YR Cognac, Frn	65