

SUMMERTIME DISHES

Cooling ingredients to keep your body cool and comfortable throughout the hot summer months.

BEEFSTEAK TOMATO CARPACCIO (V,GF) 120

Topped with green herbs and peppery fresh ginger salsa

NOT GAZPACHO! (GF) 60

Fresh and full of textures chilled cucumber and cauliflower soup

SMASHED FALAFEL SALAD 120

Air-fried falafels on dark leafy greens and avocado with tahini $\&\ zaatar\ vinaigrette.$

WATERMELON SALAD (GF) 90

Crisp green apples, feta crumble & herby lime dressing

SEASONAL BURRATA D.O.P. (GF) 180

Sweet pickled peaches, and rocket

SMALL-ISH

STUFFED COURGETTE 130

Warm courgettes, stuffed with parmesan and tomato, topped with a dollop of pine nut salsa

CHARRED CHERRY TOMATOES 150

Served on top of melting cold yogurt, balsamic drizzle and crusty sourdough to mop the plate clean

STEAMED BROCCOLINI (V) 110

Tossed with garlic peanuts and soy-honey dressing

WHIPPED AVOCADO (V,GF) 120

Seasonal veggies, avo whip, toasted pumpkin and flax seeds

TRUFFLED POLENTA BITES 90

With a cheese shower!

GREEN CHILA 90

 $\mbox{\it Made}$ to order crepes stuffed with greens, avo, pesto and feta crumble

SILK ROUTE MOMOS 90

A Veda classic! Dumplings from the Himalayas filled with spinach and ricotta paired with a tangy tomato chutney

BIG-ISH

ALOO GOBI (V,GF) 170

Baked cauliflower, crispy cumin seeds roasted potatoes, crunchy nuts

DAHL 130

Hearty lentil stew, with steamed rice, potatoes, fenugreek leaves, and $\ensuremath{\mathsf{okra}}$

KELP NOODLE "CACIO E PEPE" (V) 160

Plant based pasta, cheese and pepper, green olive puree, pea shoots

GNOCCHI ALLA VEDA 130

Hearty semolina gnocchi with mature cheddar and nutmeg charred in skillet

PUY LENTILS (GF) 140

Sweet onion ragout, miso yogurt, spinach and toasted buckwheat

VEDA TOSTA 100

Crisp bread with avocado spread, house pickle and black sesame drizzle

CORN KICHDI (V,GF) 140

Spiced mushroom curry and sweet corn porridge topped with crunchy papadum $% \left(1\right) =\left(1\right) \left(1\right)$

SIDES

SPICED SWEET POTATO CHIPS WITH TAHINI 65

PANI PURI (V) 50

BASMATI BROWN RICE PILAF (V) 65

SAUTÉED MIXED MUSHROOMS 65

TOMATO AND CUCUMBER SALAD 65

